

Lake Forest News

Volume 54

JULY 2010

No. 7

President's Corner.....

Every once in a while I am reminded of how unique our neighborhood is and what great neighbors we all have. What a wonderful evening we had on June 19th, our movie on the beach. It's always fun to hang out with everyone for an evening event whether it's a movie, a potluck dinner or wine and cheese with a full moon.

Since we're on the topic of events at the beach, let's not forget that Field Day is quickly approaching. Before you know it, it will be August 7th and Field Day will be in full swing. We are looking for volunteers to help out. If you're interested, there will be a planning meeting on the beach on Saturday July 10th at 6pm.

Hopefully by this time everyone has tested their fob to make sure it works. If anyone encounters a problem with their fob please call Michele Finelli-Barnes at 203-520-4657. Also, if you need a key to Beach 2 or the Boat Dock Michele would be the person to contact. For anyone that needs boat stickers (\$5 per boat) please call Greg Barnes at 203-581-0257. We are experiencing a problem with the green "exit" button at the beach. It is in the process of being repaired, but we are waiting for a part before it can be completed. Keep in mind that the beach closes at 8pm and your fob will not work after this time. Also let's all do our part to keep the beach clean. If everyone picks-up everything they brought with them, including garbage; then our beach would always look clean and inviting. Nobody wants to head down to the beach for an enjoyable afternoon to be met with cigarette butts in the sand or clothing and towels left behind. This beach belongs to all of us – so let's respect it. Our beach is staffed this summer by 2 lifeguards, Neil Carey and Ariana Mesaros, stop on by, introduce yourself and say hello.

School is out for the summer, please be mindful when driving. Watch out for children on bikes, skateboards and those who are out playing.

If you have a facebook account, look us up and send a friend request: Lake Forest

Should anyone have any questions or concerns, please do not hesitate to contact me at 203-685-5823 or suekohut@gmail.com.

Sue Lesko-Kohut, President

Calendar of Events

July 2010:

- 4th: Independence Day
- 7th: **General Meeting 8:00 P.M.**
- 10th: **Movie on the Beach**
- 21st: **Board of Director's Meeting 8:00 P.M.**
- 25th: Parent's Day
- 26th: Full Moon



August 2010:

- 4th: **General Meeting 8:00 P.M.**
- 7th: **FIELD DAY**
- 14th: **Movie on the Beach**
- 15th: National Relaxation Day
- 18th: **Board of Director's Meeting 8:00 P.M.**
- 24th: Full Moon

facebook



LAKE FOREST

**Look us up and send a friend request!!!
Fastest communication out there!!!**

Happy 4th of July

ARE WE THERE YET!

We are rounding the bend to the new spillway completion date. This is where we stand at the beginning of the week of the 21st of June 2010:

1. All excess fill and rocks will be removed by the 25th of June.
2. Topsoil is being hauled into the dam site.
3. The last three trees at the southeast corner of the site have been removed.
4. After the mid-level inlet drawdown was sealed, there was some seepage in the dam area. To correct this problem Macchi Engineers designed a toe drain system that was installed at the downstream area of the dam to carry away any seepage into the spillway channel discharge.
5. Contractors for the fencing is scheduled for the last week of June.
6. The gate at the crest on the east side of the dam will be deleted from the project and a South fence with a double swing gate near the spillway channel will be added.
7. Four ladder rungs will be mounted on the side of the training walls for access to the spillway crest.
8. Additional ladder rungs will be added to the inside of the drawdown chamber to allow easier access to the weir boards, trash rack and wall mounted ladders.
9. **The project is to be completed by the 4th July 2010.**

All we need is some heavy rain!

Bill Barfield, Lake Forest Dam Project Coordinator

Thanks to Zee and Charlie for providing the New Gateway to Lake Forest!

I can still remember the pride I felt as a kid growing up in Lake Forest driving onto Frenchtown Road past the sign announcing your entry into Lake Forest and the plea that you protect your children by driving slowly. It felt like I was home two streets before I really was. Now as an adult, I'd like to ask you to recognize and appreciate our new "Gateway to Lake Forest." Perhaps you've noticed the Kraszna's of 1015 Lakeside Drive toiling with their labor of love. From the majestic fencing to the graceful flower beds we should all be proud of and thankful for our new entranceway. And we're not alone in our admiration... Mayor Finch has presented Zee and Charlie with a Beautification Award! Congratulations guys! Hopefully your pride in our neighborhood will be contagious!!

Respectfully submitted by Ursula Meyer

Treasurer's Ledger.....

Through mid-June and compared to our budget year-to-date through the end of June:

We are fairly close to budget on dues and we are an amazing \$10,000 ahead of budget for rentals (and only \$12,000 lower than our budget for the whole year with 7 1/2 months left!) Great work Al, Meaghan and Sue!

Gail Carey

Rentals:

June: 12

July: 6

August: 4 (so far to date)

We are booking into the fall; as a matter of fact we do not have any Saturdays in October available. July and August are usually slower months because the weather outside is nice.

Al Pinciario

FIELD DAY

Why is it that every year Field Day seems to sneak up on us? This year Field Day is Saturday, August 7th!! Volunteers are needed for a variety of duties, including but not limited to: set-up, grill, servers, fishing derby, swim across the lake, tickets and games.

There will be a planning meeting at the beach on Saturday, July 10th at 6:30 P.M. (movie on the beach will follow).

Bring your family and sign up to volunteer. Help us plan the best Field Day ever! Bring your beach chairs and snacks and stay for our outdoor movie. It's sure not a disappointment!!!!

Anyone wishing to submit an article for the monthly newsletter, please submit your article by the monthly Board meeting or email to:

LakeForestAssociation@gmail.com

Articles must be received by the Friday following the monthly Board meeting.



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WALL TO WALL HOUSE TO HOUSE
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From the kitchen of.....Well, sort of.....!

How welcome it is to have the lovely summer days here again! And along with the nice weather come the wonderful summer fruits. My personal favorite is peaches and many different ways to use them (if I can keep them around long enough to really ripen thoroughly)! I have found, however, that they don't need to be really ripe when you are cooking them. The process seems to bring out the best flavor. I haven't actually tried this recipe yet but I agree with Lorraine Tobin who gave me the following recipe that it sounds exceptionally tempting. It appeared in the June 13, 2010 issue of the Daily News excerpted from "The Secret Ingredient" by Sally Bee, @2010. Published by Sterling Publishing Co.

ORANGE AND PEACH FILO PARCELS

(Recipe makes 6 parcels)

- 3 oranges
- 3 peaches or nectarines
- 2 Tablespoons maple syrup
- ¼ cup water
- 12 sheets filo, 7-inch squares
- Icing (confectioners') sugar to dust
- 6 (3 1/2 in) diameter ramekins dishes

Preheat oven to 400 degrees.

1. Using a small knife, remove the peel and pith from the oranges and cut in between each segment. Wash and slice the peaches or nectarines into similar-sized pieces as the orange segments.
2. Put the fruit, maple syrup, and water into a large pan and simmer over medium heat for 3 minutes. Take off the heat and strain saving the juices for later. Lightly oil the ramekins. Brush one of the filo squares with a little oil, then lay another square on top and brush again. Turn over so that the greased side is facing down, then gently push the double filo square into the ramekin.
3. Repeat with the remaining pastry to line the remaining ramekins. Divide the fruit among the ramekins. Gather up the filo edges and twist together lightly to seal. Transfer ramekins to a nonstick baking sheet and bake for 25-30 minutes or until crisp and golden.
4. While your parcels are cooking, pour the reserved juices into a small saucepan and simmer until reduced by half. When the parcels are cooked, remove from the ramekins and put on to plates. Pour the reduced juice over each serving and dust with confectioners' sugar. Serve warm or room temperature and enjoy!

I can't wait to try this out! I'll also bet other fruit combinations would work well too. Maybe strawberries and peaches, or blueberries and peaches, or all three! I think I'd use corn oil and corn syrup and a sprinkle of cinnamon. Or how about apples and raisins like a mini apple pie. Just remember filo is *very fragile* but so thin that it couldn't be too calorie heavy now could it? Let me know when you try this and especially if you come up with a new combo! Thanks, Lorraine for a yummy sounding new treat!

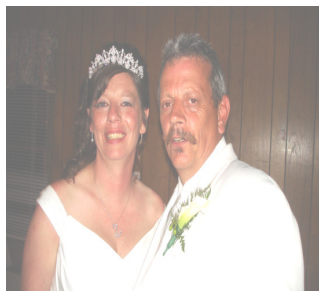
Betsey –

Call me with a recipe of yours to share – 203-372-9524 or drop it by. Perhaps we'll have "tea and crumpets!"

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On June 5 2010 Gregory Barnes and Michele Finelli were married. The ceremony took place on Lake Forest's beach and the reception was right at our clubhouse. The weather was beautiful (except for the 5 minutes of down pouring rain just before the ceremony began, but I heard that's actually good luck). What made this day perfect for the both of us is that we celebrated it with family, great friends and most of all we were able to start the rest of our lives together in a place that we love, Lake Forest. I want to thank everyone that made our day extra special, the Lake Forest Board of Directors, Henry and Don for grooming the beach- it looked great! I would also like to thank Al for penciling us into your schedule book until we were sure of the date. All of you truly made it a day to remember. And the best part is that I can go and stand in the exact same spot that I said "I do" anytime I want. Lake Forest association, we thank you.

Michele Barnes 1st. vice president

The Reel Deal.....

What's up my Lake Forest peeps?

Let's talk about carp for awhile, you know, those goldfish looking things. Well actually they're not in the goldfish family at all. They're actually, believe it or not, in the minnow family. Huh.....go figure.

The common carp can be easily identified by several distinguishing features. First, there are two barbels or whiskers on each side of the mouth. No other species that closely resembles the carp has these barbels. Second, the first dorsal and anal spines are serrated. Most carp are bronze-gold to golden yellow on the sides and yellowish white on the belly.

The common carp is native to Europe, but were first stocked into Ohio waters in 1879 as a food fish. This species thrives in a wide variety of conditions and has spread to every county in the state. Carp prefer warm lakes, streams and ponds with a lot of organic matter. They do not multiply in clear, cold waters. Spawning habits of these guys are pretty simple. Late April to mid June is the spawning cycle for these guys. In 4 feet of water and as shallow as 1 foot, these females lay between 100 to 500 hundred thousand eggs.....ouch!!!. Young carp remain nested until they reach about 3 to 4 inches, after that they're pretty much on their own, "nice parents huh?". Carp can be caught with many angling methods. They like dough balls, worms, crayfish tails and similar baits. Just prepare yourself for a whole lot of fun if you're lucky enough to hook into one.

The state record carp taken by hook and line weighed in at an amazing 50.3 pounds and measured 48 inches.....oh yeah baby.....four feet of fish. These behemoths of the deep can live up to 15 years and some times longer depending on the demographics.

So go have some fun this week-end and catch.....or try to catch your self a CYPRINUS CARPIO, Carp that is. Have fun out there on the water and be safe.

REMEMBER: C.A.R.....CATCH AND RELEASE



Greg Barnes: Boat Warden



LFA MOVIE TIME



It may have been a week late, but our first movie on the beach went off without a hitch! Originally scheduled for June 12th (second Saturday of the month) the movie had to be postponed due to the threat of thunderstorms.

"The Princess Bride" played on the big screen captivating the audience of about 25. It was amusing to hear some of the audience reciting the lines! When the movie ended, there were a few die-hards that stuck around for a double feature. "Harry Potter" was our second flick and we got about halfway through the movie before we noticed a good portion of our audience had called it quits, and the sound of little people snoring took over!!

Our next movie is scheduled for Saturday July 10th, at dusk. Notice of postponement (if necessary) will be posted on the fence at the beach. Please e-mail movie suggestions to: LakeForestAssociation@gmail.com or leave a suggestion on the Lake Forest Facebook page.

MEMBERSHIP ROSTER 2010

CHATHAM TERRACE

4 DOAK, Robert/Cynthia
6 DENNIS, Stella
20 HARRIS, Marilyn
36 MARESCO, Vivian/MAHER, Barbara
50 RICK, Eugene/Mary
62 POST, Eugenia
72 MEJIA, David
100 MELVILLE, L. Scott/Sonja

CHOPSEY HILL ROAD

1375 MULGRAVE, Christine
1715 BARNES, Gregory/FINELLI, Michelle
1835 EPPS, Preston/Joan
1975 DON, Gino

CUMBERLAND DRIVE

60 DOMOGALA, Richard/FLEMING, Susan
72 DOMOGALA, John/Irene

DEXTER DRIVE

173 HOWE, John
222 SULLIVAN, James
285 JOHNSTON, Robert/Joan
450 MASTROROCCO, Frank/Ann
521 WALLACE, Jacqueline

FORESTVIEW ROAD

99 TAYLOR, Frederick/Jacqueline

FRENCHTOWN ROAD

55 Leddo, Mitzi
76 LEWIS, Rick
134 NAGY, Dorothy
192 TISDALE, Charles
258 PLUM, Uli/CAULFIELD, Linda
293 O'BRIEN, Owen/Colleen
464 LEGER, Doris
504 PARNOFF, Richard/Mary
598 RENZULLI, Craig
640 CASTALDO, Fred/Irene
663 O'BRIEN, Paula/William
670 RASTELLI, Henry/Ann
718 HAAS, Charles/Mary
836 ZENNER, John/Martha

GRENELLE STREET

72 HOFER, Irma
80 ALVES, Maria
146 DORTENZIO, Lisa

GRIFFIN AVENUE

293 GOST, Robert/Nancy
304 CARRANO, Ann
305 PAAJANEN, Peter/STEVENSON, Madge
329 VALENTINE, Daniel
341 GREKLEK, Helen
349 FISHER, Raymond, Carmen
375 MOUNING, John/Rovena
389 CLARKE, Harold
403 NUNEZ, Yonathan/GOMEZ, Nhora

LAKESHORE TERRACE

40 GOST, Robert
64 Okochu, Charles/Mina
82 Brown, Robert/Mary

LAKESIDE DRIVE

55 Viatekunas, Vitold/Josephine
65 KELLER, Patrick/Nadine
135 RECK, George/Patricia
140 CARDELLICHIO, Mary/Elizabeth
165 Roberts/Texieria, Cliff/Nancy
195 MURPHY, Benjamin
270 FIGUEROA, Roberto/Mariana
290 STREICH, Robert/Hedy
311 SOLANCH, Lore
356 CUNHA, ZeMonel/Tamar
380 SAGALSKI, Alfred/Irene
438 HONORE, Louis/Ernante
499 CAREY, Brian/Gail
543 DUBOSE, Kenneth/Heather
570 GOODSON, Vincent/Lori
599 STONE, Michael/MADAR, Jonathan
695 PIPKIN, Scarlett
721 OLAH, Robert/Ruth
744 BARFIELD, William/DeOla
745 JORDAN, George/DELHAISE, Michel
753 MEYER, Ursula
879 THEILMAN, Alec/Lori
900 SCHWARTZ, George/Mildred
905 KINARD, Jason
919 PAUCIELLO, Rosalie/RICCIO, Lucille
930 PAVLIK, David/Karen
945 CONROY, Brendan/Karen
955 CIHI, Dale/Kathy
980 PINCIARO, Albert/Nancy
1005 Surwillo, Edward
1015 KRASZNAI, Charles/Zdenda

LINDA DRIVE

24 CHIRGOS, Donna

OLD TOWN ROAD

1807 BOYD, John/Sylvia

PARK DRIVE

77 WALKER, Ben/PETRUZZELLI, Lisa

PINEPOINT DRIVE

12 REZMAN, Marie
15 FIX, Warren/Silvana
25 AGOSTINI, Giacomo
26 ARSENAULT, George/Janet
45 SIMMONS, Bobby/Minnie
80 GONZALEZ, Jeffrey/Carolyn
100 SHANNON, James/Susan
130 McCARN, Joan

RIDGEBROOK DRIVE

105 PASTORE, Joe/Rebecca

VILLAGE LANE

105 RICHARDSON, Steve, Leslie

WEDGEWOOD DRIVE

24 MURRAY, Donald/Carol
65 LESKO-KOHUT, Suzanne/MONAHAN, Meaghan
80 WINSTON, Robert/ BIBRO, Magda
106 ROMAIN, Dee

WICKLIFF CIRCLE

2 ELDER, Bruce/Linda
5 HELLING, Elizabeth
9 MIGLIN, George/Helen
10 OCCHINO, Albert/Susan
19 ARSENAULT, Evangeline
30 NOLIN, Charles/Kathleen

WOODBINE CIRCLE

11 MEZZANOTTE, Michael/Betsey
20 POVINELLI, Nick
39 MEYER, Betsey
55 TOBIN, Kevin/Lorraine
60 COLEMAN, Andrew/Darlene
70 IMBRO, Gladys
135 PETERSON, George/Viola
154 CASCELLA, June

HOMEOWNERS OUTSIDE OF LFA

RASTELLI, Michael/Rebecca
NORRIS, Robert/Laurie
BARNES, Joanne

FAMILY MEMBERSHIP

KOHUT, Jesse/ WIGGLESWORTH, Jon

SUMMER MEMBERSHIP

MAXEY, Suzan
TAYLOR, Henry/Cynthia
KLEEMICHEN, Gary/Evelyn
ARENDR, Thomas/Ann
GREEN, Eric
DELVECCHIO, John/Laura
BARNES, Laura/ CORNWALL, Frank
MARSH, Joe
LAWNER, Steve/Diane
CASTALDO, Thomas
GIANNETTENIO, Andrew
VOLTURNO, Jennifer
PLUCKER, Dale/James
JOHNSTON, Robert
GIORDANO, Pete/Margie
KUHN, John/Laurie
MILO, Jonathon/Sharon
HARRIS, Maureen
KELLY, William/Sharon
MUDRICK, John/Mimi
COMPTON, Charles
WALLANDER, Mike/SANTOS, Joyce
FOSTER, Bill/Irene
VOLLENWEIDER, Eric/Sally

GENERAL RULES OF THE LAKE FOREST ASSOCIATION

1. Members and/or their children are required to have a current electronic key when using the beach or the lake. This electronic key is issued once. If a member becomes non-current or abuses the use of this key, the reader will be programmed to refuse the electronic key. If the member renews his or her dues, or is reinstated, the electronic key will be reprogrammed for entry. If the electronic key is lost or stolen, a member must pay the replacement cost before another electronic key is issued.
2. Members and/or their children are directly responsible for the safety and actions of their guest(s) and must remain at all times with their guest(s). Four guests are allowed per family. Children of members are allowed two guests only. Guests must leave the beach when the member and/or the member's children leave.
3. Conventional swimsuits are required.
4. Children under the age of twelve (12) must be accompanied and supervised at all times by an older person approved by the children's parents when using the lake facilities.
5. No dogs or any other pets are permitted in the lake, no exceptions.
6. No ball playing nor rough-housing nor disorderly playing allowed.
7. No glass in any form is allowed on the beach, no exceptions.
8. Swimming from the boat docks and dam are absolutely prohibited.
9. Swimming is confined to the buoyed area in front of Beach #1.
10. No one is allowed to swim across the lake unless he or she is escorted by a boat with a competent rower.
11. Boats are not allowed in the beach area.
12. Rubbish shall be discarded in the trash containers provided, absolutely no littering on the beach, including cigarette butts.
13. All islands, the dam site as well as private property are off-limits at all times, **no one is allowed**. Trespassers should be reported to the proper authorities.
14. Upsetting and overloading boats are not only dangerous but absolutely forbidden.
15. Guests are not allowed to fish or use a boat unless accompanied by a member.
16. All boats must clearly display **on both sides** the member's annual sticker as well as the boat's identification number.
17. Only members in good standing of Lake Forest Association are entitled to use the association's facilities.
18. Lakefront property owners who have elected not to join the Lake Forest Association are prohibited from using the lake or any of the association's facilities. This also applies to those lakefront property owners' guest(s).
19. Residents of the Lake Forest area who have elected not to join the association are prohibited from being guests of members.
20. Swimming from lakefront property is restricted to fifty (50) feet.
21. State of Connecticut fishing regulations apply. A valid State of Connecticut fishing license is required to fish in Lake Forest.
22. Except as announced otherwise in the Lake Forest Newsletter, April 15th is the date set for the opening of the fishing season for trout, bullheads and pike; July 1st is the date set for the fishing season of bass and November 30^{*} is the date set for the closing of the fishing season.
23. Fishing *in* Lake Forest is strictly *catch and release* for all species. This policy will remain in effect unless otherwise posted or announced in the Lake Forest Newsletter. If so, the legal catch per day per member is five and daily limits of catch shall be shared by the member and his or her guest(s).
24. Live bait other than that native to Lake Forest is not permitted.
25. Per State of Connecticut regulations, no fish of any kind shall be added to Lake Forest other than those stocked by the Clearwater Committee.
26. Fishing is not authorized in the swimming areas.
27. Permits must be secured from Lake Forest Association's Planning Committee for any raft, boat landing or wall construction on the water's edge.
28. Club rentals are handled by Lake Forest Association's House Committee.
29. Space at the boat docks is allocated on a first-come, first-serve basis.
30. The dumping of leaves, branches, grass clippings, old tires, pails, rubbish or any other substance is prohibited by the State of Connecticut and/or by the City of Bridgeport. Violators may be subject to penalties imposed by the State of Connecticut and/or by the City of Bridgeport.
31. Children using boats are required to wear life jackets at all times, no exceptions. Members are required to supervise them at all times.
32. Replacement of gate keys will be charged accordingly. Gate keys and/or fobs are to be returned when a member moves from the area. Gate keys and/or fobs are to be surrendered when membership in Lake Forest Association is dropped or canceled.
33. Water slides, platforms or other similar recreational apparatus are strictly prohibited.
34. If a member or a member's guest is found in violation of any of above-mentioned rules, appropriate suspension of privileges can be enforced against the member pursuant to Section 12a and 12b of Lake Forest Association's bylaws.

AS A MEMBER, YOU HAVE THE RIGHT TO ADDRESS ANYONE BREAKING THE RULES. YOU HAVE A VESTED INTEREST IN THE ASSOCIATION. PROTECT THIS INTEREST AS WELL AS YOUR REAL ESTATE INVESTMENT.
Revised 5/2005