



Lake Forest News



Volume 54

APRIL 2010

No. 4

President's Corner

I would like to begin with a big THANK YOU to Joe and Jim Miglin for their assistance with the tree removal in the Wickliffe cove. It would have been extremely difficult without their help. I hope that everyone who lives on that cove enjoys their view again!

With the recent rainfall, the level of the lake has been fluctuating a bit, rising just enough to float some boats that have been pulled up for the winter. There have also been some kids accessing backyards along the lake and "borrowing" paddleboats. Needless to say, there were quite a few boats that needed rescuing. Retrieving the boats was the easy part, returning them to their rightful owners is proving to be more difficult, as they are not marked. I would like to take this opportunity to remind all boat owners to refer to the LFA website: www.lakeforestassociation.com, and mark your house number and street code visibly on your boat. Also, please make sure your boat is secured so it doesn't wind up on the "island of unclaimed boats" waiting for its owner.

For anyone with a Facebook account, don't be surprised to get a friend request from Lake Forest. Yes, Lake Forest finally buckled and signed up! We have mostly been posting upcoming events with the occasional congratulations or happy birthday. For those of you that don't have a Facebook account, why not sign up? It's free, easy and fun. It's also a great way to stay connected with everyone while we all lead our busy lives. Check it out at www.facebook.com.

The valve should be closed by the end of April. Any walls or docks out there that are still in need of repair, time is running out! Keep in mind that with the new dam we will not be doing an annual drawdown anymore.

Anyone looking to construct a dock off their property, plans must be submitted to the Board of Directors for approval. Docks can be no larger than 12 feet along your property and 4 feet out into the lake. Please do not begin construction without board approval.

It was great to see everyone at Pasta Night!!! Hats off to our awesome chefs!!!

As always, should anyone have any questions or concerns please do not hesitate to contact me at: SueKojut@gmail.com or 203-685-5823.

Looking forward to seeing everyone on Wednesday- April 7th, LFA general meeting.

Sue Lesko-Kohut, President

Calendar of Events

April 2010:

- 1st: April Fool's Day
- 2nd: Good Friday
- 4th: Easter Sunday
Passover ends
- 7th: **General Meeting 8:00 P.M.**
- 15th: Tax Day
- 17th: Fishing Season Opening Day (trout)
Clubhouse Clean-up—10:00 A.M.
- 21st: **Board of Director's Meeting 8:00 P.M.**
- 22nd: Earth Day
- 28th: Full Moon



May 2010:

- 5th: **General Meeting 8:00 P.M.**
Cinco de Mayo
- 8th: **Beach Clean-up 10:00 A.M.**
- 9th: Mother's Day
- 15th: Armed Forces Day
- 19th: **Board of Director's Meeting 8:00P.M.**
- 27th: Full Moon
- 29th: **2010 Beach Season Opens**
- 31st: Memorial Day



Upcoming Events:

- Movie on the Beach—June 12th
- Potluck Dinner w/ a Full Moon—June 26th
- Movie on the Beach—July 10th
- Field Day—August 7th

www.lakeforestassociation.com

A great way to stay updated

Happy Easter



LAKE FOREST

**Look us up and send a friend request!!!
Fastest communication out there!!!**

April General Meeting Topics

- Retaining wall for Beach 1
- Boat Docks
- Club Clean-Up

Also, come out and see the new tables we purchased for the club. The membership approved the expenditure not to exceed \$3500 and we were able to secure the purchase for less than \$2100.



Boat Stickers are available for \$5 per boat. You can purchase them at the general meeting (April 7th), or by calling Greg Barnes, Boat Warden at 203-581-0257. Please remember to label all boats, canoes, kayaks and paddle boats per LFA policy. If your not sure how to label your boat you can always refer to our website: www.lakeforestassociation.com and click on boating.

AROUND THE LAKE

Our lake is starting to come alive again... our water will soon be on the rise. While enjoying the first day of Spring on our kayaks (and battling the wind), I saw a lot of our lake neighbors out in their yards cleaning up from winter and the storm we had. It occurred to me that this is the perfect time for everyone with property on the lake to do pick up their rakes and shovels and clean up the leaves and pine needles that have gathered from the winter. If we all do our part, we can reduce a significant amount of the debris that has accumulated before the lake rises. Furthermore, I noticed all the "public" areas that could use some attention, for example, Beach 2, the inlet on Lakeside Drive and the small parcel of property on Frenchtown Road across from Park Drive. Feel free to grab your shovels and dig in! Speaking of the water rising, if you have repairs to make to your retaining walls, please consider making these repairs quickly because once the water rises, it will not be drawn down again for years to come. Happy Kayaking!

Michele Finelli, 1st VP

****AVOID LATE FEES****

Annual Dues

Annual dues are now payable, a grace period is extended to the April 2010 general meeting (April 7th). The membership rates for 2010 were voted on at the February Annual Meeting and remain the same as in 2009:

<u>Resident Membership</u>	\$180.00	late fee \$27.00
<u>Associate Membership</u>	\$180.00	late fee \$27.00
<u>Family Membership</u>	\$135.00	late fee \$20.25
<u>Senior Membership:</u>		

(11 years or more as a member) \$90.00 late fee \$13.50

(6—10 years as a member) \$108.00 late fee \$16.20

(1—5 years as a member) \$135.00 late fee \$20.25

Summer Membership \$210.00

(all 2009 Summer Members are given priority over new Summer Members, providing dues are paid in full by April 7, 2010. Please note we only accept 25 Summer Memberships.)

Boat Stickers are \$5.00 per boat

2010 Invoices are available at:

www.lakeforestassociation.com

Dues can be sent to: DeOla Barfield
Lake Forest Association
Membership Secretary
744 Lakeside Drive
Bridgeport, CT 06606

Club Rentals

Club rentals seem to be going well so far this year. Our rental nights have been very busy. Right now at this point all Saturday's are booked until July. The month of March we had 10 rentals, April has 7 rentals booked and May (at the moment) has 10. If anyone would like to book the club for a party, you can call 203-371-7671 or check availability on our website at : www.lakeforesthall.com

Movie on the Beach

Movie on the beach is back! Spring is here and the weather is getting warmer, time to start planning our monthly movies on the beach. Bring your movie suggestions to the general meetings (first Wednesday of every month) or the Board of Director meetings (third Wednesday of every month). Our first outdoor movie this year will be June 12th. Hope to see everyone there!!



From the kitchen of...

Happy Easter! Happy Springtime! Seems not a minute too soon – All that in-the-house time through the long winter required substantial stick-to-the-ribs cooking and baking. Now it's time to spend less time preparing such goodies in favor of some lighter, less time-consuming yummys. Here with the help of our friends and neighbors are quick and uncomplicated goodies that may even be nutritious, too! Gladys Imbro found this recipe in the March 10 issue of Family Circle, called:

Ricotta Mini Cakes

Combine and set aside:

2 1/4 c all purpose flour

1 teas. baking powder

1/2 teas. baking soda

1/8 teas. salt

Blend 1 stick softened (unsalted) butter or margarine

1 c granulated sugar

Add and beat to combine:

1 egg

1 c ricotta cheese

1 teas. vanilla

Add flour mix on low speed until blended. 350 oven; spray coat 2 baking sheets. Drop by tablespoons, bake 14 min till lightly browned.

Cool 3 minutes then remove to cooling rack. Dip cooled cake tops to glaze in 2 cups confectioners sugar plus 3 T milk.

Note: Gladys gave me ones she made using all whole wheat flour! Dee-licious! And nutritious!

Anne Rastelli brought these cookies she found the recipe for in the Connecticut Post to the March meeting. They were delicious also. Anne gave me this recipe for:

Ricotta Cookies

350 oven, ungreased cookie sheets .

On high speed blend until light and fluffy

1 stick (1/2c) soft butter or margarine

1 c sugar

Reduce to medium speed and add

8 oz ricotta cheese

1 teas. vanilla

1 egg

Beat until well blended. Reduce speed to low and add:

2 c flour

1 T baking powder

1/2 teaspoon salt

Blend well, drop by level tablespoons.

Frost or glaze with 1 1/2 cups confectioners sugar and 2 T milk and decorate if desired. Very yummy any way!!

And just think, how bad can these be made with cheese?!

Thanks, Gladys and Anne! And our best seasons are just starting! Bring 'em on!

Betsey Meyer

Pasta Night.....Huge Success!!!!

A big THANK YOU goes out to Fred & Freddie Castaldo for our wonderful pasta dinner. It was absolutely fantastic to see so many people turn out for the evening. Although....Charlie & Mary Haas really put the push on to get folks there, we actually thought about renaming pasta night!!!

We hope this event was just the beginning of many to come. Hope everyone has a great time, please stay tuned for our next dinner together.



Lake Forest Dam Repair Report

1. The contractors are planning to refill the lake by the end of April
2. At the present time the estimated time of the dam completion job is the beginning of June.
3. Approximately 75% of excess unsuitable earth material has been removed.
4. The contractors are setting up equipment to start epoxy injection material which will be pumped through portholes to fill cracks in the spillway.
5. The drawdown piping completion date is estimated by the middle of April.
6. Concrete for the drawdown chamber has been completed.
7. Since the weather has changed for the better, the contractors are finishing up the last 25' of riprap channel.

Bill Barfield, Dam Project Coordinator

LFA Book Club

Quite a few people have expressed interest in starting a book club that meets once a month. Anyone interested please come to the General Meeting on April 7th and sign up.

A Word from the Warden...

It's that time of year... Dust off your tackle box, re-spool your reel and get ready to report your fish count totals and stats. Send information to LFABoatWarden@gmail.com. So far there have been no negative effects noted due to the draw down. The larger fish appear to be pooling in the deeper areas although the 3.75 lb monster in the photo was caught from shore just last week. The warden will be reporting your fish stories on a monthly basis. For your information the official start of the fishing season is always the third Saturday in April. Members of LFA are not required to hold a license to fish on our lake but we encourage you to obtain one as the DEP uses the funds collected for statewide fishery stocking.

Kids... Start practicing for the Field Day Fishing contest now!

Thanks!

Greg Barnes, Boat Warden



Upcoming events during Spring Vacation

Join the Connecticut State Parks Family Adventure

Over the past four years, families from all across the state have discovered the exciting opportunities available at Connecticut's State Parks and Forests. If you missed the chance to explore these venues or you're ready to experience the fun again, then get ready for the 5th thrilling installment of The Great Park Pursuit! With a whole new line-up of clues, hints and featured locations, you and your family will be journeying around the state to learn about new places while having fun in the great outdoors. Explore Long Island Sound, hike picturesque trails, learn about Connecticut's history and test your fly-fishing skills - all without leaving Connecticut! If you can meet the "challenges" at each of the seven game locations, then you'll have a chance to win cool prizes. Be sure to check out the Schedule & Rules to learn about eligibility requirements and how qualify for the semi-final competition. Visit: <http://nochildleftinside.org/pursuit/>

Earth Day Celebration (Norwalk) - Sponsored by Stepping Stones Museum. Contact: Latoya Maitland (203) 899 0606 or information@steppingstonesmuseum.org www.steppingstonesmuseum.org

Spring break events at the Garbage Museum (Stratford) Sponsored by Connecticut Resources Recovery Authority. Contact: Sotoria Montanari (203) 381-9571 or smontanari@crra.org www.crra.org

Birds of Prey Including an Eagle! (Hamden) - Sponsored by Hamden Earth Day 2010. Location: Hamden Middle School, 2623 Dixwell Avenue, Hamden, CT. Contact: Mike Horn (860) 669-4004 or mfhorn@whitmancontrols.com www.windoverwings.org

A Different View....

Ever wonder what might be lurking below the waters of Lake Forest? Spring has arrived and the weather is turning nice, so now is a good time to find out. Also, there will never be a better time to explore Lake Forest than now. The lake is at an all-time low because of the new dam construction and never-before-seen terrain has been exposed.

Our family has found it so interesting to discover what lies beneath the water off our backyard. Our children enjoy poking around in the ground, digging up interesting items - some natural and some man-made. We have discovered some beautiful rocks as well as a full array of golf balls among other things.

Also, if you're eco-minded, this is a great time to go out and collect debris that has blown into the lake.

So take advantage of this unusual and last-chance opportunity to discover some mysteries of Lake Forest.

LJ Theilman