

Lake Forest News



Volume 54

MARCH 2010

No. 3

PRESIDENT'S CORNER...

I would like to begin on a personal note. I have said many times over we are so blessed to live in such a wonderful community with so many amazing people, so caring and thoughtful. I would like to thank everyone for their prayers and thoughts during my family's difficult period 2 weeks ago at the loss of my father-in-law, Chuck Nolin. Thank you all so very much.

With 2010 well under way we have a lot to look forward to. Our year began with a fantastic dinner in February, a huge thank you to Betsey Meyer and Doris Leger for making our Annual Installation Dinner a wonderful success!!! As always our LFA Chef's seem to out do themselves every year. Thank you to all who came out to join us, it was truly a wonderful evening.

With Spring just days away now would be a great time to do a little upkeep. For those who live on the lake, if you could remove any debris hanging around the shoreline it would be greatly appreciated. We will soon be scheduling our annual cleanup days for both the club and the beach...so watch for the dates.

The water level will be rising very soon, so if you need to make any repairs to walls or docks now would be a good time, it will be quite a while before the lake is lowered again. At the close of last season it was noted that there are numerous docks in need of repair. For anyone wishing to construct a new dock, plans must be submitted to the Board of Director's for approval. Docks can be no larger than 4 x 12 (12 foot span across your property and 4 feet out from your property).

Annual dues are now payable, please refer to the By-laws for new changes in Senior Membership and late fees if applicable. All dues paid by April 7th will be considered paid on time any dues paid after this date will be subject to a late fee.

Please make every effort to attend the General Meetings (1st Wednesday of each month), this is where we discuss matters which need to be voted on by the members. It is also a great time to get out and see your neighbors and get involved!!!

As always, should anyone have any questions or concerns please do not hesitate to contact me at 203-685-5823 or SueKohut@gmail.com

Hope to see everyone on March 3rd

Sue Lesko-Kohut, President

Calendar of Events



March 2010:

- 1st: 2010 Census begins
- 3rd: General Meeting 8:00pm**
- 14th: Daylight Savings Time —2:00am (spring ahead)
- 17th: Board of Director's Meeting 8:00pm**
St. Patrick's Day
- 20th: Spring Begins
- 30th: Full Moon
Passover begins

April 2010:

- 1st: April Fool's Day
- 2nd: Good Friday
- 4th: Easter Sunday
Passover ends
- 7th: General Meeting 8:00 P.M.**
- 15th: Tax Day
- 17th: Fishing Season Opening Day (trout)
- 21st: Board of Director's Meeting 8:00 P.M.**
- 22nd: Earth Day
- 28th: Full Moon



Upcoming Events:

- Clubhouse Cleanup - date TBA
- Beach Cleanup - date TBA

www.lakeforestassociation.com

A great way to stay updated

HAPPY ST. PATRICK'S DAY

ENTERTAINMENT COMMITTEE :

HAPPENINGS AROUND THE NEIGHBORHOOD WINE & FOOD TASTING

Hosted by St. Andrew School PTO
395 Anton St. Bridgeport, CT

Saturday, March 13, 2010
6:00PM - 9:00PM

Proceeds to Benefit the Sports Program

(Adults 21 and over)

DONATION: \$20.00 ADVANCED TICKET PURCHASE OR \$25.00 AT THE DOOR

Tickets can be purchased @ Brookside Package Store on 4555 Main St. Bpt. Or
@ St. Andrew School, 395 Anton St. Bpt.



WINE & BEER TASTING SPONSORED BY **BROOKSIDE PACKAGE**, LIVE MUSIC BY **9 STYLE ACOUSTIC DUO**, FEATURING A VARIETY OF FINE FOODS FROM THE LOCAL RESTAURANTS SUCH AS RALPY & RICH'S, VAZZY'S, AVELLINO'S & BILLY'S BAKERY TO NAME A FEW. PLUS TONS OF RAFFLE PRIZES INCLUDING MANY RESTAURANT GIFT CERTIFICATES.

IT'S THE PARTY YOU DON'T WANT TO MISS!

HAPPY SPRING

IMPORTANT....PLEASE TAKE NOTE...

If your home is located near a storm drain please try and make an effort to keep the drain clear of debris. With Spring around the corner and rains on the way, unclear drains will only contribute to flooding issues in Lake Forest. Another extremely important reason...if it makes its way into the drain...it will make its way into our lake!!!!!!

**YOGA CLASSES
TUESDAY EVENINGS—7:30P
CLUBHOUSE**

Anyone interested in Yoga? Why not join others from our neighborhood on Tuesday evenings. Classes are given by Tedi Barenholtz of Yogabilitation.



Help Wanted

Openings for security positions available for clubhouse events. Anyone interested, please contact Al Pinciario at 203-371-7671. Must be 18 years or older.

\$2 Tuesday's at the Barnum Museum

(children under 4 free).

(820 Main St. Bridgeport - 203-331-1104)

www.barnum-museum.org

Hours: Tuesday-Saturday: 10a - 4:30p

Sunday: 12p- 4:30p

(last admission entrance 3:45p)



City of Bridgeport

Need help around the House? There is a new program that can assist you with minor chores around your house.

We provide the handyman-you provide the materials

- Changing fuses or screens
- Remove or install air conditioners
- Clean gutters
- Fix broken locks
- Move furniture
- Hang pictures/shelves

This program funded by the Southwestern Area Agency is free for all Bridgeport senior citizens.

To schedule an appointment, please call our

Chore Program Service line at 394-6956

Anyone wishing to submit an article for the monthly newsletter, please submit your article by the monthly Board meeting or email to:

LakeForestAssociation@gmail.com

Articles must be received by the Friday following the monthly Board meeting.

FROM THE KITCHEN OF.....

WHEN MARCH COMES ALONG THE BIRDS START TO SING MORNINGS AND THE SUN ACTUALLY BECOMES BRIGHTER AS EACH DAY PASSES. THAT'S WHEN I START TO THINK ABOUT ST. PATRICK'S DAY. AND ST. PATRICK'S DAY MEANS **CORNERD BEEF!** IT'S NOT AN EVERYDAY ENDEAVOR BUT A SPECIAL ONCE-A-YEAR TREAT! I HAVE A GREAT RECIPE THAT I GOT FROM THE CUTCO COOKBOOK (CUTCO KNIVES PUT IT OUT) OVER 50 YEARS AGO. IT TASTES LIKE THE CORNERD BEEF DID IN THE BEST OLD JEWISH DELICATESSONS. *REMEMBER GOLD'S?* ANYWAY, I USUALLY COOK QUITE A BIT SO I'M FUSSY ABOUT THE MEAT. THE FLAT CUT OR STRAIGHT CUT IS MORE EXPENSIVE BUT IT HAS MUCH LESS FAT. THE POINT OR FRONT CUT HAS BOTH MORE FAT ON THE SURFACE AND A LAYER OF FAT "SANDWICHED" IN THE MIDDLE. IT IS USUALLY QUITE A BIT CHEAPER AND IT DOES MAKE A VERY TASTY MEAL OR SANDWICH. I COOK SOME OF BOTH ALLOWING ABOUT 1/3 OF A POUND PER PERSON. IT DOES SHRINK DURING COOKING. ALLOW MORE PER PERSON OR COOK EXTRA IF YOU WANT LEFT-OVERS FOR COLD SANDWICHES. COOKED CORNERD BEEF SLICES MUCH EASIER AFTER IT IS COLD. BUT WHO CAN WAIT THAT LONG? SO HERE GOES...

CORNERD BEEF WITH VEGETABLES

IN A LARGE POT PLACE ALL INGREDIENTS AND ADD ENOUGH WATER TO COVER. USE THESE AMOUNTS TO SERVE 4-6 PEOPLE. (PROBABLY NO LEFT-OVERS!) MULTIPLY VEGETABLE AMOUNTS ALSO FOR MORE SERVINGS. (THE CARROTS ARE ALWAYS IN DEMAND. THERE NEVER SEEMS TO BE ENOUGH!)

CORNERD BEEF—3-5 LBS. (THAT WOULD BE 1 3LB. OR 2 2.5LB PIECES)
2-3 CELERY RIBS CUT IN PIECES
1/2LB (3-4) CARROTS IN 2 INCH PIECES
2 MED. OR 1 LG. ONION CUT IN CHUNKS
3 OR 4 LG. SPRIGS OF PARSLEY
GARLIC—3 CLOVES
BAY LEAVES—4-5
PEPPERCORNS—8-10
CLOVES—4-6



BRING COVERED POT TO BOILING, REDUCE TEMPERATURE TO SIMMER AND ALLOW 5 HOURS COOKING TIME. THE MEAT CHANGES COLOR AFTER 3 HOURS. AFTER 5 HOURS IT WILL BE TENDER! I COOK POTATOES AND CABBAGE SEPARATELY. SERVE CARROTS AND REMAINING VEGGIES AND BROTH, AVOIDING SPICES. UMMM, UMMM

HAPPY ST. PATRICK'S DAY!!!

NOW WHAT ELSE COULD YOU POSSIBLY WANT? HMMMM...

BETSEY MEYER



GET YOUR TICKETS EARLY!!!!

LFA Pasta Night



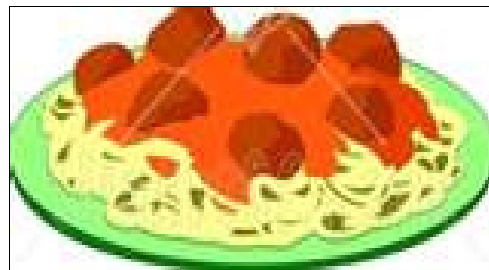
Take the night off and bring the family out to dinner!!!! Wednesday—March 31st, 5:30p—7:30p. Tickets can be purchased at the March General Meeting or by calling Meaghan Monahan at 203-243-6417.

Ticket cost \$6 per person or \$20 for a family of 4; children 5 and under free.

Dinner: pasta, meatballs, salad, bread, soda & coffee.

Tell your family, friends and neighbors

(event could be canceled due to low participation)



2010 Proposed Annual Budget

The budget will be presented and discussed at the March General Meeting

Summary	Proposed Budget	Prior Year Actual
Revenue		
Dues	21,270.00	22,595.00
Rental Income-Hall	40,175.00	51,458.00
Miscellaneous	1,754.00	1,984.00
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Total Revenue	63,199.00	76,037.00
Cost of Goods Sold		
Sub-Contractors		
Gross Profit		
Operating Expenses		
Advertising	500.00	709.24
Bank Service Charges	10.00	255.33
Beach and Safety	500.00	-
Dances & Socials	1,407.10	2,144.48
Depreciation Expense--non-cash	960.00	921.00
Insurance	22,091.65	21,798.69
Licenses and Permits	50.00	25.00
Meals and Entertainment	500.00	423.45
Payroll Expenses, including taxes	21,176.63	28,126.19
Printing and printing	1,583.88	2,873.76
Professional Fees-accounting	500.00	475.00
Pest & Garbage	1,662.74	1,582.34
Repairs & maintenance	4,350.00	5,866.25
Supplies	2,011.91	1,992.12
Taxes: Property	11,600.00	11,481.66
Telephone	1,381.24	1,296.64
Utilities: Water/sewer	856.63	791.33
Utilities: gas	6,813.39	4,987.39
Utilities: Electric	3,378.61	3,398.29
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Total operating expenses	81,333.78	89,148.16
Operating Income (Loss)	(18,134.78)	(13,111.16)
Other income		
Interest income	1,896.09	2,659.58
Other Income (Expense)		
Income taxes (refund)/expense	(500.00)	(449.00)
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Income (Loss) before Taxes	(16,738.69)	(10,900.58)

Annual Dues

Annual dues are now payable, a grace period is extended to the April 2010 general meeting (April 7th). The membership rates for 2010 were voted on at the February Annual Meeting and remain the same as in 2009:

Resident Membership \$180.00 late fee \$27.00
Associate Membership \$180.00 late fee \$27.00
Family Membership \$135.00 late fee \$20.25

Senior Membership:

(11 years or more as a member) \$90.00 late fee \$13.50
 (6—10 years as a member) \$108.00 late fee \$16.20
 (1—5 years as a member) \$135.00 late fee \$20.25

Summer Membership \$210.00

(all 2009 Summer Members are given priority over new Summer Members, providing dues are paid in full by April 7, 2010. Please note we only accept 25 Summer Memberships.)

Boat Stickers are \$5.00 per boat

2010 Invoices are available at:

www.lakeforestassociation.com

Dues can be sent to: DeOla Barfield
 Lake Forest Association
 Membership Secretary
 744 Lakeside Drive
 Bridgeport, CT 06606

Come on out and join a committee!!!!

- Environmental Committee
- Crime and Safety
- Entertainment
- Planning
- Welcome Wagon
- Beach & Safety
- Boat Docks/ Wardens
- Kids Entertainment

Come out to the March General Meeting and get involved. Event planning, beach and dock upkeep, greeting new Lake Forest Neighbors are just a few ways you can help out. It's also a great way to meet other LFA members and make new friends!!!

Anyone in need of a new recycling bin may pick one up at the Transfer Station on Asylum Street. All you need to bring with you is proof of residency (drivers license).