



Lake Forest News



President's Corner

I would like to begin by thanking everyone who participated in our annual elections. As I have stated many times over, our association is run by our members, not the elected Officers or Board. It is the decisions we make together that continues to move Lake Forest forward. That is why attending monthly meetings is so important, the decisions we make at meetings affects all of us. So please make it your goal this year to attend as many meetings as you can. Meeting attendance also affects your eligibility to run for an elected position.

Last year during the month of February, I spoke about the dam project in its preparation stages — now we are on the other end of the project and are very close to completion. In the very near future the water level will be on its way back up, so now is a good time to get out and take a look at your property to make any necessary repairs. Once the water level returns to normal height it will be a while before it gets lowered again. Do not plan to do any repairs in the fall because the water level will not go down. The era of yearly draw downs has come to a close.

The February Annual meeting will be held on February 3rd at 6:30pm, please note the time change. During this meeting annual reports will be given. This meeting is also our annual potluck dinner and installation of 2010 Officers and Directors. Please give Betsey Meyer a call at 203-372-9524 with your reservation.

If you have plans for a dock off of your property, note there are specifications that need to be followed and all plans must be submitted to the Board of Directors for approval. Property owners who currently have docks, make sure your docks are in good repair and are safe.

We have a lot to look forward to in 2010 and a lot of work to be done. Let us all make it a point to lend a hand during the year and get involved. It's always more fun to play in the game rather than sitting on the bench!!

Should anyone have any questions or concerns please do not hesitate to contact me at 203-685-5823 or SueKohut@gmail.com.

Thank you and I look forward to seeing you on February 3rd!!!!

Sue Lesko-Kohut, President

Calendar of Events

February 2010:

- 2nd: Groundhog Day
- 3rd: Annual Meeting / Installation
Dinner 6:30pm**
- 7th: Super Bowl—Colts vs. Saints
- 12th: Lincoln's Birthday
- 14th: Valentine's Day
- 16th: "Do a Grouch a favor day"
- 17th: Board of Director's Meeting 8:00pm**
- 22nd: Washington's Birthday
- 28th: Full Moon



February 2010—Winter Olympics

March 2010:

- 1st: 2010 Census begins
- 3rd: General Meeting 8:00pm**
- 14th: Daylight Savings Time —2:00am (spring ahead)
- 17th: Board of Director's Meeting 8:00pm**
St. Patrick's Day
- 20th: Spring Begins
- 30th: Full Moon



**LFA INSTALLATION DINNER &
GENERAL MEETING
FEBRUARY 3RD—6:30 P.M.**

**CALL BETSEY MEYER WITH YOUR
RESERVATION AT 203-372-9524**

HAPPY VALENTINES DAY

DAM UPDATE

We have had a lot of snow this winter so far. The weather has not affected the dam/spillway construction. We are still on schedule. The footing for the drawdown chamber was completed on 1-22-2010. Due to the condition of the existing core wall, the contractor placed concrete against the core wall instead of a structural fill which would normally be used to backfill. The concrete is 12" thick. This will prevent seepage through the core wall in this area. **If you have lake front property and have not cleaned the waterfront area near your property or repaired your walls**, do not come crying to the association once the lake has been filled with water. The construction could be completed sooner than you think.

Once the lake has been filled, the lake will not be drawn down yearly as it has been in the past. This is the plan of operation. Weir boards will be placed in the drawdown chamber for an elevation of 3 or 4 feet below the spillway elevation and then have the ability to open the gate to lower the water to a set elevation for maintenance or emergency purposes. This will eliminate the need to climb into the chamber and manually remove the boards in order to lower the lake.

Technical Data:

1. Chain link fence on the west and east sides of the the dam area. The fence is a bonded high strength galvanize steel. The core wire is PVC coated in a black color. The fence post has a 36" footing. The fence is warranted for 15 year against failure due to rust or corrosion.
2. The new drawdown valve (Sluice Gate) is 30" in diameter and made of cast iron. The valve will be operated at ground level by a "T" wrench.
3. The drawdown chamber is 26.5' in depth. Entrance into the chamber is from ground level through a heavy duty 5x4 double leaf access door. Stainless steel manhole ladders will be installed in the chamber. All weir boards will be 4x6 tongue groove notch boards.

Bill Barfield, Dam Project Co-ordinator

Help Wanted

Openings for security positions available for clubhouse events. Anyone interested, please contact Al Pinciario at 203-371-7671. Must be 18 years or older.

www.lakeforestassociation.com

A great way to stay updated



**Only 48 days till
SPRING!!!!**

Anyone wishing to submit an article for the monthly newsletter, please submit your article by the monthly Board meeting or email to:

LakeForestAssociation@gmail.com

Articles must be received by the Friday following the monthly Board meeting.

YOGA CLASSES TUESDAY EVENINGS—7:30P CLUBHOUSE

Anyone interested in Yoga? Why not join others from our neighborhood on Tuesday evenings. Classes are given by Tedi Barenholtz of Yogabilitation.



Anyone wishing to get involved in the Lake Forest Neighborhood Block Watch, please contact Jeff Kohut at 372-2791.



FEBRUARY 2010 FROM THE KITCHEN OF.....

THERE'S AN OLD SAYING THAT GOES LIKE THIS: **HERE IS SOMETHING OLD THAT'S NEW AGAIN!** I CAME ACROSS THIS RECIPE AND THOUGHT IT COULD USE A NEW AIRING. THIS WAS ORIGINALLY SUBMITTED BY IRENE DOMOGALA, ACCORDING TO THE TIME-YELLOWED CLIPPING IN MY RECIPE BOX, IN 1972!

FRUIT COCKTAIL CAKE

2 CUPS FLOUR
1 CUP SUGAR
2 TEASPOONS BAKING SODA
¼ TEASPOON SALT
2 CUPS UNDRAINED FRUIT COCKTAIL
2 EGGS

MIX ALL INGREDIENTS WELL. SPREAD BATTER IN PAN,
SPRINKLE ¼ CUP BROWN SUGAR ALL OVER THE TOP.

BAKE AT 350° TUBE CAKE PAN 50-60 MINUTES
9 x 13 CAKE PAN 35-40 MINUTES



TOPPING

¼ CUP BUTTER OR MARG
½ CUP SUGAR
½ CUP CANNED MILK

BRING TO A BOIL FOR 8 MINUTES. ADD AND MIX IN

1 TEASPOON VANILLA
1 CUP SHREDDED COCONUT

POUR ON BAKED CAKE WHILE STILL WARM. DELICIOUS PLAIN OR WITH TOPPING. *DECADENT WITH ICE CREAM!*

I HOPE TO SEE YOU ALL AT THE FEBRUARY INSTALLATION DINNER. BRING THE FAMILY AND A **POT-LUCK** CONTRIBUTION TO THE BUFFET TABLE! *DON'T KEEP ALL THOSE GOODIES A SECRET!!* CALL ME AT 203-372-9524 FOR RESERVATION OR TO SHARE A RECIPE.

BETSEY MEYER

Join the Fun!!!!

Have the winter blahs? Want to meet your neighbors and help plan, organize and run association events? Then come to the February general meeting and join a committee. There are many ways to be active in the association. Sign up with the entertainment committee and help organize events like potluck dinner on the beach, movie on the beach or the children's Halloween party. Join the environmental committee and help track the inlets to our lake, or maybe be a part of the welcome wagon and help seek out potential new members to our association.

Being involved in the association is fun and rewarding. You'll be able to meet other members and have a strong feeling of satisfaction after helping in whatever committee you choose. There's a reason we chose to live in this neighborhood and a reason we joined the association. Don't forget *your* reason- let's remember why we're here and come together to keep Lake Forest the best neighborhood in Bridgeport!

Meaghan Monahan

2010 Lake Forest Officers and Directors

Officers:

President:	Sue Lesko-Kohut	SueKohut@gmail.com	203-685-5823
1st Vice President:	Michele Finelli	MicheleFinelli1026@gmail.com	203-520-4657
2nd Vice President:	Meaghan Monahan	MeaghanMonahan1@gmail.com	203-243-6417
Recording Secretary:	Ursula Meyer	ummeyer@cs.com	203-395-3436
Membership Secretary:	DeOla Barfield		203-372-3532
Treasurer:	Gail Carey	gailcarey7@cs.com	203-374-4598

Directors:

Betsey Meyer	2009-2011 (1 year remaining)
LJ Theilman	2009-2011 (1 year remaining)
Annie Carson	2009-2011 (1 year remaining)
Al Pinciario	2010-2012
Fred Castaldo	2010-2012
Greg Barnes	2010-2012

Submitted by: Ursula Meyer, Recording Secretary

2010 Census

The U.S. Census counts every resident in the United States, and is required by the Constitution to take place every 10 years. The 2010 Census will help communities receive more than \$400 billion in federal funds each year for things like:

- Hospitals
- Job training centers
- Schools
- Senior centers
- Bridges, tunnels and other-public works projects
- Emergency services

The data collected by the census also help determine the number of seats our state has in the U.S. House of Representatives.

In March of 2010, census forms will be delivered to every residence in the United States and Puerto Rico. When you receive yours, just answer the 10 short questions and then mail the form back in the postage-paid envelope provided. If you don't mail the form back, you may receive a visit from a census taker, who will ask you the questions from the form.

Now less is more. Because of changes to the process the 2010 Census form is shorter, making it even easier to fill in and send back.

The 2010 Census form is just 10 questions, such as:

- Name
- Sex
- Age
- Date of birth
- Hispanic origin
- Race
- Household relationship
- If you own or rent



The census **DOES NOT** ask about the legal status of respondents or their Social Security numbers.

www.2010.census.gov