



# Lake Forest News



Volume 53

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No. 11

## President's Corner

Where has the year gone? It seems we were just out on the beach enjoying the summer sun and now Thanksgiving is just a few short weeks away. What a wonderful time for reflection.

As I sit and type this column, I have been reviewing the past two years of LFA in my mind. I have had enormous amounts of fun and loads of frustration to go along with it. Although this is a volunteer position, I find myself spending more hours in a week on LFA than I do at my paying job. I have thought about the other individuals who are very dedicated to our community, the sad part is there are only a handful that can be counted on time and time again. Why is it when it comes to beach clean-up or clubhouse clean-up we see the same faces? Or when it comes to plan and execute Field Day, once again the very same people. How about activities planned during the warmer months on the beach...no difference, it's the same individuals. However when it's meeting time (and note not every month) people show up and gripe. Well my question to those folks is where are you for the other 11 months out of the year? Why not try stepping up and pitching in? Get involved and do something constructive. Why is it people are always at odds over petty nonsense, why can't we all get together and enjoy our community as one?

Think of all the great things we could do then.

I would like to wish all of our former and current service men and women a Happy Veterans Day. This year's Veterans Day holds a very special meaning to me as I congratulate my son, PFC Thomas J. Kohut; on his enlistment in United States Army "This We'll Defend".

Wishing everyone a wonderful Thanksgiving.

Sue Lesko-Kohut, President

SueKohut@gmail.com or 685-5823

## Calendar of Events

### November:

- 2nd: Full Moon
- 3rd: Election Day
- 4th: General Meeting 8:00pm  
Floor nominations to be taken  
(Committee Meetings begin at 7:30pm)
- 11th: Veteran's Day
- 18th: Board of Directors Meeting 8:00pm
- 20th: Food Drive ends
- 26th: Thanksgiving



### December:

- 2nd: General Meeting 8:00pm  
(Committee Meetings begin at 7:30pm)
- 6th: **Children's Holiday Party 1p-3p**
- 12th: Hanukkah begins
- 16th: Board of Directors Meeting 8:00pm
- 21st: First Day of Winter
- 25th: Christmas
- 26th: Kwanzaa



### January 2010:

- 1st: New Years Day
- 6th: General Meeting 8:00pm  
(Committee Meetings begin at 7:30pm)  
Lake Forest Elections
- 20th: Board of Directors Meeting 8:00pm

**GENERAL MEETING—  
NOVEMBER 4TH—8:00 P.M.**

# HAPPY THANKSGIVING

## LOOKING GOOD!!!

The dam project is still on schedule. Things are good so far. The mid-level drawdown structure piping has been bypassed in order to work on the east wall of the spillway. In order to have a continuous flow as required to support the fish and other wildlife in the channel water is being pumped over the spillway through pipes. The water is pumped by gasoline driven and an electric pump during the day and the water is feed over the spill by gravity at night. If a heavy rain fall is expected the pumps will running during the night. This will only be temporary until the wall footing where the existing pipe crosses under where the new wall is going.

The chain link fence construction should start the week of 26 October for the west wall. There is an estimate of about 3,000 CY of unsuitable on-site material that will be removed. Burns Construction will be removing this material.

Bill Barfield, Dam Project Coordinator

**Remember.....** To rake your leaves away from the lake and keep the storm drains clear. The City of Bridgeport will be picking up leaves that are bagged the same weeks as recycle week.



### **YOGA CLASSES TUESDAY EVENINGS—7:30P CLUBHOUSE**

Anyone interested in Yoga? Why not join others from our neighborhood on Tuesday evenings. Classes are given by Tedi Barenholtz of Yogabilitation.



## **LAKE FOREST ANNUAL CHILDREN'S HOLIDAY PARTY**

**SUNDAY—DECEMBER 6TH  
1:00 P.M.—3:00 P.M.**



**CRAFTS, FUN, HOLIDAY CHEER!!**

**FOR MORE INFORMATION, PLEASE CALL:  
URSULA 395-3436 or  
KAREN 371-4766**



The Lake Forest Association needs members to get involved. At November's general meeting, nominations will be taken from the floor. The following positions are eligible for nomination: President, 1st Vice President, 2nd Vice President, Secretary, Membership Secretary, Treasurer and 3 Director's seats. Please note that the President and both Vice President's are officer positions that help comprise the Board of Director's. Please refer to the by-laws for position qualifications. Keep in mind that you need to be present at November's general meeting to accept your nomination.

## Let's Walk Around The Lake

The walk around the lake will take place on Saturday, November 21st. We will meet at the beach for some hot beverages at 10 AM.

Make sure to bring your favorite cup and your camera. We will enjoy the scenery and the company, while making our lake a little cleaner for us all. Don't forget to bring the kids!!



*Honoring all who have served  
our great nation*

[www.Lakeforestassociation.com](http://www.Lakeforestassociation.com)  
A good way to stay updated!!!!

Anyone wishing to get involved in the Lake Forest Neighborhood Block Watch, please contact Jeff Kohut at 372-2791.



**All boats that are down at the boat dock area, must be removed. Boats are NOT to be stored there during the winter months. There should not be any boats chained to the fence. Any boats remaining in this area will be removed by the Association by November 7th.**

## November 2009 FROM THE KITCHEN OF.....

AS THE LEAVES START TO TURN AND THEN FALL, AND THE DAYLIGHT STARTS TO DIMINISH, SOMEHOW MY APPETITE INCREASES. WHAT WITH ALL THE ENERGY IT TAKES TO DISPOSE OF THE LEAVES I OTHERWISE TREASURE, COMFORT FOOD SEEMS TO BE THE REMEDY. HERE ARE TWO RECIPES THAT TOGETHER WILL BE A REALLY COMFORTING MEAL.

FROM PRESIDENT **SUE KOHUT** COMES A TIME SAVER AND SIMPLICITY IS THE MAIN INGREDIENT.

### EASY BEEFY STEW (BUTTERED BEEF)

1 ½ LBS OF YOUR FAVORITE CUT OF STEW BEEF CUT IN CUBES  
1 ENVELOPE LIPTON ONION SOUP MIX  
1 STICK OF BUTTER OR MARGERINE

PUT INGREDIENTS IN SLOW COOKER AND IGNORE FOR 6-8 HOURS. ENJOY!!!  
BEST SERVED OVER EGG NOODLES, RICE OR MASHED POTATOES.  
**(NOW, THAT'S SIMPLE) THANK YOU SUE !!!**

THE SECOND RECIPE COMES FROM FORMER LFA RESIDENT **ANGIE FEDAK**. THIS COULD EASILY BE A COMPLETE LUNCH OR A BUFFET ADDITION OR JUST A WONDERFUL COMPANION FOR THE ABOVE STEW!

### TOMATO-CAULIFLOWER CASSEROLE

1 LARGE HEAD OF CAULIFLOWER	1 14 OZ CAN DICED TOMATOES
8 OZ SHREDDED MOZZERELLA CHEESE	8 OZ. CRUMBLED FETA CHEESE
4 OZ (about) PARMESAN CHEESE	1 C(about) PANKO BREAD CRUMBS
DRIED CRUSHED OREGANO TO TASTE	4-6 OZ BUTTER

BLANCH THE SEPARATED CAULIFLOWERETTES IN BOILING WATER JUST 2 MIN.  
ARRANGE THEM IN A 9X13 BAKING DISH. COVER WITH DICED TOMATOES WITH THE JUICE. ADD ON TOP THE MOZZERELLA, THEN THE FETA CHEESE. SPRINKLE WITH OREGANO. COVER WITH PANKO BREAD CRUMBS. TOP WITH PARMESAN CHEESE AND LIBERALLY DOT WITH BUTTER. BAKE 350o 25-30 MIN.

*I DO HOPE YOU ENJOY ANGIE'S RECIPE, AND JUST IN CASE YOU DON'T, I'LL BE GLAD TO COME OVER FOR THE LEFTOVERS. I'LL BET THERE WON'T BE MANY!!! THANKS ANGIE!!!*

AS ALWAYS, I LOOK FORWARD TO YOUR SHARING ONE OF YOUR FAVORITES, ESPECIALLY WITH HOLIDAY ENTERTAINING JUST AROUND THE CALENDAR CORNER....OH, NOW THAT'S GETTING SCARY....

**Betsey Meyer**

### Maple-Glazed Butternut Squash (Serves 6)

1 medium butternut squash, peeled, strings and seeds removed, cut in quarters  
3 T maple syrup  
1 T butter, melted  
2 T lemon juice  
1 t lemon rind, grated  
Dash salt, if desired

Preheat oven to 400. Parboil (or steam) squash for 15 minutes, then cut into 4-inch pieces and place in an oiled baking dish. Combine remaining ingredients. Pour mixture over squash. Bake 30 minutes, covered. Remove cover and baste for about 10 minutes until glaze forms.

**GAIL CAREY**

