

Lake Forest News

VOLUME 53

FEBRUARY 2009

NO. 2

PRESIDENT'S CORNER

I would like to begin by thanking everyone who came out to January's meeting and those who sent in absentee ballots in order to participate in our Association elections.

Lake Forest moves forward on the part of our membership. Our Association is NOT run by it's Board and Officer's, nor is it run by a select few, Lake Forest is run entirely by the membership. This is why meeting attendance is crucial. Without adequate meeting participation we are unable to move thoughts and ideas ahead.

During the next few months we will begin to see the Dam project begin to unfold. On January 28th contracts were signed and only a few more thresholds need to be crossed.

The DEP has been in constant contact as things have progressed. We will be meeting with the DEP in the upcoming months so that they may explain all that will take place during the construction phase.

During the February General meeting all annual reports will be given, in March our 2009 budget will be presented. As has been stated during this past year, if anyone has any questions and would like to review our Association finances you can contact our Association Treasurer, Gail Carey[(203) 374-4598]; to do so.

Should you find that your beach fob has gone astray during the winter months, please contact Michael Panza [(203)509-1914] to arrange for a new one. All fobs are currently inactive and will be turned back on in May upon the receipt of your annual dues. Also, should you like a key to the boat dock area or Beach 2, Michael will be able to provide you with these as well.

As always, should anyone have any questions or concerns please do not hesitate to contact me at (203) 685-5823 or SueKohut@gmail.com.

In closing, I would like to thank everyone for a wonderful 2008 and I look forward to the upcoming year and all that we will accomplish together.

Sue Lesko-Kohut, President

CALENDAR OF EVENTS



FEBRUARY:

- 1st: Super Bowl—Steelers vs. Cardinals—6:00 P.M.
- 2nd: Gound Hog Day
- 4th: Annual LFA Meeting—6:30 P.M.
Potluck Dinner/ Installation of Officers & Board
- 12th: Lincoln's Birthday
- 14th: Valentine's Day
- 16th: President's Day
- 18th: Board of Director's Meeting—8:00 P.M.
- 22nd: Washington's Birthday
- 25th: Ash Wednesday



MARCH:

- 4th: Crime/Safety Committee Meeting—7:30 P.M.
General Meeting—8:00 P.M.
- 8th: Daylight Savings Time begins—2:00 A.M. (Spring ahead)
- 17th: St. Patrick's Day
- 18th: Board of Director's Meeting—8:00 P.M.
- 20th: Spring Begins



*****February General Meeting*****
Annual Meeting & Potluck Dinner
February 4th—6:30 P.M.
(Note time change)

Anyone wishing to submit an article for our newsletter may do so by e-mailing:
LakeForestAssociation@gmail.com
Or dropping your article off at the Board of Directors monthly meeting.

2009 Election Results

PRESIDENT	SUE LESKO-KOHUT (98)	VERNA KEARNEY (30)
1ST VICE PRESIDENT	MICHAEL PANZA (91)	ROCCO GUARNIERI (37)
2ND VICE PRESIDENT	MEAGHAN MONAHAN (94)	NICK POVINELLI (33)
RECORDING SECRETARY	MARIANNA FIGUEROA (<u>unopposed</u>)	
FINANCIAL SECRETARY	DEOLA BARFIELD (98)	ELIANA GRUBEL (37)
TREASURER	GAIL CAREY (<u>unopposed</u>)	
HOUSE TREASURER	NANCY PINCIARO (92)	BRUCE ELDER (35)
BOARD OF DIRECTOR'S: (2 year term)	BETSEY MEYER (92)	LINDA ELDER (37)
	ANNIE CARSON (77)	FRED CASTALDO (54)
Currently serving (1 year remaining) Al Pinciario, George Reck, Dave Pavlik	LORI "LJ" THEILMAN (74)	CRAIG RENZULLI (35)

FROM THE KITCHEN OF.....

In years gone by baking was a way of using up one kind of food by turning it into something else. Economy was always welcome. For clever cooks and bakers no one was ever the wiser because the result was just delicious. The following recipe is one such. It has come to me from **LORRAINE TOBIN** whose mother brought it with her from her French-Canadian origin. Summer and Winter it's a rare month that goes by in my house, my daughter's house or Lorraine's without this wonderful, economical, delicious and healthy recipe.

BANANA BREAD

(350o 55-60 min.)

1/2 CUP (1 STICK) SHORTENING SOFTENED
1 CUP SUGAR
2 EGGS
1 TSP SALT
1 TSP BAKING SODA
2 CUPS FLOUR
2 OR 3 **VERY** RIPE BANANAS (depending on size could be 2 large or 4 small, the riper the better)

MASH THE BANANAS WELL WITH POTATO MASHER OR MIXER AND SET ASIDE. IN A MIXING BOWL COMBINE SHORTENING, SUGAR AND EGGS MIXING WELL UNTIL SMOOTH. SIFT TOGETHER FLOUR, SALT AND BAKING SODA AND ADD MIXING UNTIL BLENDED. BATTER WILL BE VERY THICK. ADD THE MASHED BANANAS AND MIX UNTIL JUST BLENDED. (OVER MIXING WILL TOUGHEN THE BREAD) BAKE IN LIGHTLY GREASED AND FLOURED LOAF PAN. TEST WITH A TOOTHPICK.

NOTE: I NEVER BAKE JUST ONE LOAF. THEY DISAPPEAR VERY QUICKLY FOR BREAKFAST, LUNCH OR SNACK, PLAIN OR WITH BUTTER, CREAM CHEESE OR JELLY WITH OR WITHOUT PEANUT BUTTER. ALSO GOOD LIGHTLY TOASTED. IT ALSO STORES WELL WRAPPED IN PLASTIC OR FOIL OR BOTH.
JUST ENJOY!!!

IF YOU WOULD LIKE TO SHARE YOUR FAVORITE RECIPE JUST LET ME KNOW AND WE'LL TELL ALL. THERE ARE NEVER TOO MANY RECIPES!

BETSEY MEYER

Our 'Wonderland of Ice'

Earlier this month on my way home from running errands with my wife and son, we rode past the lake, and saw two Bridgeport Fire/Rescue trucks parked at the beach one gate. The gate had been opened earlier by the Bridgeport Police Search and Rescue dive team, to allow the newly revamped BFD brother team to begin their ice rescue practice and training. I phoned President Sue Kohut (for use of her camera), and she and I had a chance to meet Lt. David Dobbs. He and his fellow firefighters were a pleasure to meet and all were eager to praise the beauty and hospitality of our association. The BPD dive team was given a 24hr access FOB as well as keys to open all our gates around the lake during spring of last year. Accompanied by a map marked both in street names and addresses, as well as 'our names' of locations (ex. beach 2 gate). This information was relayed between the two departments when talk of the BFD training was to begin, we plan to afford BFD Rescue the same access to our lake. The talks between our association's Board of Directors and local Police and Fire Rescue teams have given our neighbors the peace of mind, that ease of access will help insure the safety not only of our members but the men and women on these rescue teams. As our conversation ended and I readied to leave Sue and I were joined by retired BFD firefighter, and neighbor, George Arsenault. Who not only was intrigued by the large trucks proximity to the lake, but in the prospect of seeing old friends. The BFD Rescue Team stayed at 'Beach One' for a large part of the morning taking turns 'playing' between the roles of victim and rescuer.

Submitted by: Michael C. Panza 1st V.P.



February Meeting and Pot Luck Dinner (6:30 p.m.)

Come out and help us start the new year with a bang! Bring your family and your favorite dish and join your neighbors for a delicious pot luck dinner at the clubhouse. The Association thrives on member participation and what better way to reconnect with your neighbors (or meet new ones) than to sit together and share a meal. Bring your ideas and let's begin 2009 with more members involved in planning events. Annual reports will be given and 2009 officers and board of directors will be sworn in. Call Betsey Meyer at 372-9524 to sign up your dish. Help us turn our closest neighbors into our closest friends! See you there!!

Submitted by: M. Monahan

From National Treasure to Lake Forest's Treasure

A beautiful pair of Bald Eagles were sighted last week in our Lake Forest area. They posed high in the pines that jut farthest into the lake from Pinepoint Drive. They kept majestic watch for about an hour turning their heads in search of prey or maybe scouting out a nesting place! The day was overcast but as the sun began to come through their magnificent white heads and golden beaks were clearly visible. So keep your eyes open, you may just see them again. Hopefully they will find a nesting spot here or nearby!

Submitted by: B. Meyer

This Summer Enjoy A Lake Forest Staycation!



For the \$180 Lake Forest Membership you get swimming & sun tanning at the beach, snorkeling in the crystal clear waters, sailing, boating and fishing. You also get to enjoy wonderful events such as Field Day, Pot Luck Dinners, Movies on the beach and so much more.



Compare what you get for the cost of the LFA membership for the entire summer to the hundreds of dollars you would spend for ONE DAY at an amusement park or the thousands of dollars to rent a cottage for a week.

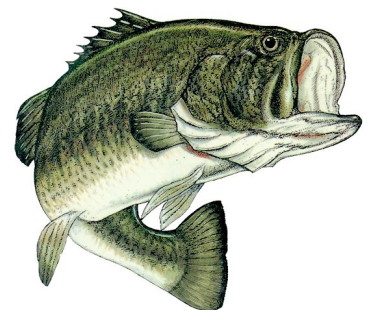
This year vacation at home all summer for \$180. Send in your dues by April and start planning you LFA Staycation Today!!



P.S. Don't forget to tell your friends, relatives and business associates about our reasonably priced rental hall.

Call: 203-371-7671

All 3 minutes
from home.
WOO!! HOO!!



Lake Forest Association, Inc.

424 Frenchtown Road
Bridgeport, Connecticut 06606

Invoice

Dues owed for 2009

Resident Membership \$ _____

Other* (specify from list below)
_____ \$ _____

Additional fees:

Boat stickers \$5 per boat \$ _____
Required registration for each Boat.
(In addition all boats must be labeled per LFA policy)

Replacement beach fob \$25 each \$ _____

TOTAL PAID \$ _____

Make checks payable to the Lake Forest Association, Inc.

Dues can be paid at the monthly general meeting or mailed to our Financial Secretary:
DeOla Barfield—744 Lakeside Drive

.....
Name: _____

Address: _____

Phone: _____ **E-mail:** _____

.....
* If you have been a Resident member and feel that you qualify for any of the following memberships you may submit your request in writing to the Board of Directors. All new members must apply for membership.

Resident / Charter Membership \$180.00 per household

Associate Membership \$180.00 per household
Renter in Lake Forest

Senior Membership \$ 90.00 per household
Property owner over 65years of age and membership for 15 consecutive years

Summer Membership \$210.00 per household
Non-resident

Lifetime \$ 0.00
Property owner with membership for 50 consecutive years