

# Lake Forest News

Volume 52

November 2008

No. 11

## President's Corner

I would like to begin by thanking our Halloween Committee Chairpersons, Jermaine Panza and Annie Carson; for their hard work on both the Children's Party and Teen Fright Night—Job well done!! In addition, thank you to all who baked, help decorate, cleaned up and to everyone who came out to join in the fun.

The Nominating Committee has posted the 2009 nominations on the front door of the clubhouse and floor nominations will be accepted at the November general meeting (Nov. 5th).

At last months general meeting we heard concerns from neighbors regarding Sacred Heart rental houses in Lake Forest pertaining to loud, rowdy parties. Let me fill you in on the ongoing situation. Since our last meeting I have been in touch with the Dean of Students at Sacred Heart and we have been working on a solution to the "party" problem. Together we have identified the houses in Lake Forest which are rented by students and the University has addressed this issue with the students laying out consequences of future actions. So far to date, since addressing the issue with Sacred Heart, our neighborhood has been very quiet. While we cannot say it will never happen again, I can assure you that Sacred Heart is on top of the situation. In the very near future, there will be a meeting with SHU, community leaders and council members (from the 133rd, 134th & 135th districts) to discuss the issue further. As things progress I will keep you updated.

In closing, I would like to wish you all a very Happy Thanksgiving.

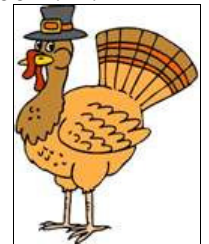
Sue Lesko-Kohut, President

## Calendar of Events:



### November:

- 4th: Election Day
- 5th: General Meeting 8:00 P.M.  
Crime/Safety Comm Mtg 7:30 P.M.
- 11th: Veteran's Day  
Clearwater Comm Mtg 7:00 P.M.
- 19th: Board of Director's Mtg 8:00 P.M.
- 27th: Thanksgiving



### December:

- 3rd: General Mtg 8:00 P.M.  
Crime/Safety Comm Mtg 7:30 P.M.
- 7th: Pearl Harbor Day  
Children's Holiday Party 1p-3p
- 9th: Clearwater Comm Mtg 7:00 P.M.
- 17th: Board of Director's Mtg 8:00 P.M.
- 22nd: Hanukkah begins (12/22-12/29)
- 25th: Christmas
- 26th: Kwanza begins (12/26-1/1)
- 31st: New Year's Eve

Anyone wishing to submit an article for our newsletter may do so by e-mailing:  
**LakeForestAssociation@gmail.com**  
or dropping your article off at the Board of Directors monthly meeting.

**Lake Forest will continue the food drive until Wednesday—November 3rd. Please bring donations to the general meeting (Nov. 5th) or to Annie Carson at 625 Lakeside Drive.**

**Anyone interested in working security at our clubhouse for weekend parties, please contact Al @ 371-7671**

It has been brought to our attention that our By-laws state that for those who qualify for the Golden Age membership classification; the membership fee is one half of the regular annual dues. If annual dues remain at \$180, senior dues will be \$90, effective for 2009. While we regret any inconvenience this might cause our senior members, we have to abide by our By-laws.

### Dam Project Update

As of today there has been no new word on a date set for the State of Connecticut Bond Commission meeting. The board of directors are committed to allowing the work to begin no matter when the project is approved.

For those of you who are new members to Lake Forest, let me bring you up to date on this worthwhile project. June 7, 1966 the dam was inspected by Joseph Cone. It was determined that due to the suburban developing, runoff and paved streets would cause our general small water flow into the lake to become large and could cause a dam breach.

February 10, 1969 the Lake Forest Dam was inspected by John Mozzochi. It was determined from the inspection that if Lake Forest had a 100 year storm (a six hour storm duration and a rainfall of 6.9 inches) the water level above the spillway crest would be 3'11". The dam would be overtopped by 9 inches. It was recommended that an additional spillway be provided.

December 1, 1973 a drainage study for Island Brook from Lake Forest to the Poquonnock River was performed by Seelve, Stevenson, Value & Knecht, Inc. The report concluded that to accommodate a 15.5 –inch rainfall in six hours with 18 inches of freeboard, the spillway would have to be lengthened 100 feet and the top of the dam raised 18 inches.

August 1978, the dam was inspected by the Army Corps of Engineers. During this inspection it was noted that the intake gatehouse valve was in good condition and operational but the lower level intake gatehouse valve did not function. The Army Corps of Engineers reported that further hydraulic studies by consulting engineers would be necessary to determine alternative measures to increase spillway discharge. The report also recommended draining the lake if remedial action was not taken in a reasonable amount of time. ....to be continued in the December newsletter.

Submitted by: B. Barfield

### Election Time

It's that time of year again!! At the November general meeting, Lake Forest will be accepting floor nominations for various offices. Officers serve a 1 year term and directors serve a two year term.

As per our by-laws, Article 4, Sec. 4, "Nominations for offices shall be made during the regular meeting of the Association in the month of November. Any person nominated from the floor for office must have his or her name seconded, providing, however that said person has not been nominated by the nominating committee."

"The election of officers and the two-year term to the Board of Directors shall be held on the first Wednesday in January. The election shall be conducted by written ballot." (Article 4, Sec. 1)

"The elected officers shall be installed and their terms of office shall begin on the last Saturday in January on Inauguration Day. Such officers shall continue in office until a successor is elected and installed."( Article 4, Sec 2)

Submitted by: M. Monahan

### Christmas Party

The Lake Forest Annual Children's Christmas Party is on Santa's Good List this year!!! Join us for an afternoon of merriment December 7, 2008, from 1:00 - 3:00 PM at the Clubhouse. Children and grandchildren of Lake Forest residents under 13 years old are welcome to participate and families are encouraged to attend. Goodies, crafts and a visit from the jolly old elf himself will get us all in the spirit of the season. Please bring a wrapped gift of a modest value (under \$15.00 is a good guideline) marked clearly with the child's name. Cider, hot cocoa and goodies will be provided and any donations are welcomed. Call Ursula @ 371-6220 by November 30, 2008, for reservations.

### THANKS!!!!

A Great Big Thank You to all Lake Forest Members and Families for a wonderful weekend! It began with a ghoulish Friday movie night extravaganza featuring Phantasm and the oldie but goodie Amityville Horror. We had fun treats, some scares, and some laughs! We promise to play a movie made after 1979 next year. LOL! Our kids Halloween party was crantastic! ( Not a typo) We had a bunch of homemade treats, cold cuts & rolls, witches brew, creepy costumes, ghostly games, story telling and a monster mash! The kids, young and old seemed to have gory good time. We look forward to next years Halloween festivities. ...  
Annie Carson & Jermaine Panza

# Recipe Corner

## Sweet Potato Souffle (Bake at 350° for 45 minutes. Serves 6-8)

- 1 – 29 oz. can sweet potatoes
- 1 C sugar (optional)
- 6 Tbs butter (3/4 stick)
- 1 tsp salt
- 1 tsp vanilla
- 2 eggs, beaten

**Topping:**

- 1 C pecans, broken
- 6 T butter, softened (3/4 stick)
- ½ C brown sugar
- ¾ C corn flakes (or any plain flakes)



Drain and mash potatoes. Beat together with sugar, butter, salt, vanilla and eggs. Put into buttered 2 quart casserole dish. Make topping – mix together pecans, sugar and corn flakes, cut in butter. Put on top of sweet potato mixture.

**Variations:**

- Spicy – add ½ tsp cloves, 1 ½ tsp all spice and 1 ½ tsp cinnamon
- Sweet – add ½ cup raisins or coconut

Submitted by: B. Meyer

Fishing is one of the lakes significant uses. We have traditionally had catch release for large mouth bass and followed the states general fishing rules. To collect data on the 2008 fishing season on our lake we would appreciate if all fishermen would fill this form out. Approx quantities, size and months of catch are Ok. This information will be used as a guide for establishing a plan for fishing resources. Hopefully next year we can come up with a better collection method.

Type of Fish	Total Qty Summer	Largest Inches/Lbs
Large mouth bass		
Yellow perch		
White perch		
Crappie (Calico Bass)		
Trout		
Pike		
Pickerel		
Catfish		
Sunfish(Bluegill)		
Other		



Number of days you fished?  
 Number of guests you had?

**Circle One:**

- Best Month for Large Mouth Bass: June, July, August, September
- Should we allow limited harvest of Large Mouth Bass? Yes or No
- Should we consider returning to a stocking program for trout? Yes or No
- Other Suggestions:

Name/Phone (Optional):

Send or Drop off to:  
 Dave Pavlik  
 930 Lakeside Drive  
 Bridgeport, CT 06606

# Children's Halloween Party

